Beaconsfield Primary School Curriculum Overview

Subject:	PE	Year Group:	Year 2

Autumn 1	Autumn 1	Autumn 2
Unit: Fundamentals	Unit: Dance	Unit: Invasion
Key Skills: • Demonstrate balance when changing direction. Clearly show different speeds when running. • Demonstrate balance when performing movements. • Demonstrate jumping for distance, height and in different directions. • Demonstrate hopping for distance, height and in different directions. • Explore single and double bounce when jumping in a rope.	Key Skills: • Accurately remember, repeat and link actions to express an idea. • Develop an understanding of dynamics. • Develop the use of pathways and travelling actions to include levels. • Explore working with a partner using unison, matching and mirroring. • Develop the use of facial expressions in their performance.	Key Skills: • Developing S&R with increased control. • Explore dribbling with hands and feet with increasing control on the move. • Developing moving into space away from defenders. • Explore staying close to other players to try and stop them getting the ball. • Explore moving with a ball towards goal.
Autumn 2	**Spring 1**	**Spring 1**
Unit: Gymnastics	Unit: Ball skills	Unit: Fitness
Key Skills: • Explore using shapes in different gymnastic balances. • Remember, repeat and link combinations of gymnastic balances. • Explore barrel, straight and forward roll and put into sequence work. • Explore shape jumps and take off combinations.	Key Skills: • Roll, throw and kick a ball to hit a target. • Develop catching a range of objects with two hands. Catch with and without a bounce. • Consistently track and collect a ball being sent directly. • Dribble a ball with hands and feet	Key Skills: • Demonstrate improved technique when changing direction on the move. • Demonstrate increased balance whilst travelling along and over equipment. • Perform actions with increased control when coordinating their body with and without equipment. • Can demonstrate running at different

	with some control.	speeds. • Demonstrate increased control in body weight exercises. • Show an ability to work for longer periods of time.
Spring 2	Spring 2	Summer 1
Unit: Net and Wall	Unit: Dance	Unit: Athletics
Key Skills: • Develop hitting a dropped ball over a net. • Accurately underarm throw over a net to a partner. • Explore underarm rallying with a partner catching after one bounce. • Consistently use the ready position to move towards a ball.	Key Skills: • Accurately remember, repeat and link actions to express an idea. • Develop an understanding of dynamics. • Develop the use of pathways and travelling actions to include levels. • Explore working with a partner using unison, matching and mirroring. • Develop the use of facial expressions in their performance.	Key Skills: • Develop the sprinting action. • Explore rhythm when running over obstacles. • Develop jumping, hopping and skipping actions. • Explore safely jumping for distance and height. • Develop overarm throwing for distance.
Summer 1	Summer 2	Summer 2
Unit: Gymnastics	Unit: Striking and Fielding	Unit: Team Building
Key Skills: • Explore using shapes in different gymnastic balances. • Remember, repeat and link combinations of gymnastic balances. • Explore barrel, straight and forward roll and put into sequence work. • Explore shape jumps and take off combinations.	Key Skills: • Develop striking a ball with their hand and equipment with some consistency. • Understand that there are different roles within a fielding team. • Develop coordination and technique when throwing over and underarm. • Catch with two hands with some coordination and technique.	Key Skills: • Begin to plan, and with some success, apply strategies to overcome a challenge. • Understand how to use, follow and create a simple diagram/map. • Work cooperatively with a partner and a small group. • Verbalise when they were successful and areas that they could improve.