Beaconsfield Primary School Curriculum Overview

Subject:	PE	Year Group:	Year 6

Autumn 1 (comp)	Autumn 1	Autumn 2
Unit: Tag Rugby	Unit: Dance	Unit: Basketball
Key Skills: • Develop making quick decisions about when, how and who to pass to. • Dribble consistently using a range of techniques with increasing control under pressure. • Explore creating attacking tactics with others in response to the game. • Explore creating and applying defending tactics with others in response to the game. • Move to the correct space when transitioning from attack to defence.	Key Skills: • Show controlled movements which express emotion and feeling. • Explore, improvise and combine movement dynamics to express ideas fluently, effectively on their own, with a partner or in a small group. • Use a variety of basic compositional principles when creating their own dances. • Demonstrate a clear understanding of timing in relation to the music and other dancers throughout their performance.	Key Skills: • Explore creating and applying defending tactics with others in response to the game. • Move to the correct space when transitioning from attack to defence. • Demonstrate a range of dribbling techniques with increasing control under pressure. • Demonstrate increasing Catching consistency of catching under pressure in a variety of game situations. • Show good technique when sending a ball with increasing control, accuracy and consistency under pressure.
Autumn 2	**Spring 1**	**Spring 1**
Unit: Gymnastics	Unit: Hockey	Unit: Fitness
Key Skills: • Combine and perform gymnastic shapes more fluently and effectively. • Develop control in progressions of a cartwheel and a headstand.	Key Skills: • Develop making quick decisions about when, how and who to pass to. • Dribble consistently using a range of techniques with increasing control	Key Skills: • Change direction with a fluent action and can transition smoothly between varying speeds. • Show fluency and control when

• Explore counter balances and counter tension balances. • Develop fluency and consistency in the straddle, forward and backward roll. • Combine and perform a range of gymnastic jumps more fluently and effectively.	under pressure. • Explore creating attacking tactics with others in response to the game. • Explore creating and applying defending tactics with others in response to the game. • Move to the correct space when transitioning from attack to defence.	travelling, landing, stopping and changing direction. • Can coordinate a range of body parts with a fluent action at a speed appropriate to the challenge. • Can adapt running technique to meet the needs of the distance. • Can complete body weight exercises for increased repetitions, with control and fluency. • Use their breath to increase their ability to move for sustained periods of time.
Spring 2	Spring 2	Summer 1
Unit: Tennis	Unit: Dance	Unit: Athletics
Key Skills: • Demonstrate increased success and technique in selecting and applying the appropriate shot for the situation. • Serve accurately and consistently. Beginning to apply tactics to their serve. • Successfully apply a variety of shots to keep a continuous rally. • Demonstrate a variety of footwork patterns relevant to the game they are playing e.g. a split step and a chasse.	Key Skills: • Show controlled movements which express emotion and feeling. • Explore, improvise and combine movement dynamics to express ideas fluently, effectively on their own, with a partner or in a small group. • Use a variety of basic compositional principles when creating their own dances. • Demonstrate a clear understanding of timing in relation to the music and other dancers throughout their performance.	Key Skills: • Demonstrate a clear understanding of pace and use it to develop their own and others sprinting technique. • Hurdle with greater control and coordination. • Develop take off position when jumping for height. • Develop power, control and technique in the triple jump. • Develop power, control and technique when throwing discus and javelin.
Summer 1	Summer 2	Summer 2
Unit: Gymnastics	Unit: Rounders	Unit: Dodgeball

Key Skills: • Combine and perform gymnastic shapes more fluently and effectively. • Develop control in progressions of a cartwheel and a headstand. • Explore counter balances and counter tension balances. • Develop fluency and consistency in the straddle, forward and backward roll. • Combine and perform a range of gymnastic jumps more fluently and effectively.	Key Skills: • Strike a bowled ball with increasing accuracy and consistency. • Consistently select and apply the appropriate fielding action for the situation. • Consistently make good decisions on who and when to pass to in order to get batters out. • Consistently demonstrate good technique in catching skills under pressure.	Key Skills: • Consistently make good decisions on who and when to throw at in order to get opponents out. • Make quick decisions on when to catch and when to dodge. • Successfully select and apply a wider range of striking techniques appropriate to the situation.